



## **United in Prayer**

### **A Second Supplement to Morning & Evening Prayer at Home**

Bless the Lord oh my soul  
Oh, my soul  
Worship his holy name  
Sing like never before  
Oh my soul  
I'll worship your holy name

The sun comes up  
It's a new day dawning  
It's time to sing your song again  
Whatever may pass  
And whatever lies before us  
Let me be singing when the evening comes

Bless the Lord oh my soul  
Oh my soul  
Worship his holy name  
Sing like never before  
Oh my soul  
I'll worship your holy name

*Matt Redman*

## **Meditation**

Be still

You do not have to look for anything

Just look

You do not have to listen for specific sounds

Just listen

You do not have to accomplish anything

Just be

And in the looking, listening and being

Find me!

*Ann Lewin*

In the name of Jesus Christ who was never in a hurry

We pray, O God

That you will slow us down

For we know that we live too fast

*SPCK*

## **The Lord is Here**

We sense you in the stillness

We see you in nature's beauty

We hear you in the bird song and the music

We find you in the storm and tempest

We feel you in the gentle breeze

We glimpse you in the stranger's smile

We meet you when we meet our neighbour

We weep with you in our brother's or our sister's pain

We receive you in the bread and wine

We know you in every aspect of our lives

## **Be Still**

In the stillness of this moment  
As we seek again your face  
In the beauty of this quiet  
May we know once more your grace  
For your love is without measure  
And your mercy knows no bounds  
Come surround us with the Father's strong embrace

As we gaze upon your beauty  
and behold your loveliness,  
As we turn our eyes toward you  
may we glimpse your holiness  
for your love is without measure  
and your mercy knows no bounds  
come transform us with the Son's sweet fruitfulness

When we meet a world that's broken  
And we feel its pain and woe  
Will you send us out in power?  
Will you show us where to go?  
for your love is without measure  
and your mercy knows no bounds  
Come immerse us in the Holy Spirit's flow

## **Confession**

Merciful and Loving Lord  
We acknowledge you as the Way,  
The Truth and the Life  
Yet we often fail to follow you.

We fall into temptation and go our own way.  
We turn away from you and follow our own priorities.  
Forgive us for our self-centredness.  
Help us to repent, to refocus on you  
And to re-dedicate ourselves to you each day.  
For it is you who give us the purpose for living  
And the power to live  
Our Lord and our Redeemer

### **A Personal Thanksgiving**

You only are my portion, O Lord; I have promised to  
keep your words. *Psalm 119: 57*

Lord, thank you for the life you have given me.  
Thank you for my strengths and my abilities,  
But thank you also for my weaknesses and limitations.  
Thank you for calling me to a life of service.  
As I see others around me with different strengths  
and interests, help me not to be envious,  
but at all times to be faithful to my calling.

Lord of Life, I thank you for the gift of faith.

I thank you for my birth into a Christian family, for the  
love my parents gave me, for my baptism and my  
upbringing in the Christian faith.

I thank you for the meaning, purpose and fulfilment that  
Christianity brings to my life.

I thank you for my membership of the Christian Church, the fellowship with other Christians and the joy of worshipping you, in word and deed. I thank you for calling me to follow you.

I thank you for the conviction that the Christian gospel; offers truth and hope to a world that is broken and needs your saving grace.

Thank you Lord – and make use of me as your faithful servant.

*You might like to adapt or re-write this prayer to reflect your own experience*

## **St Nicolas Church Family**

Please pray for:

The Rector and Ministry Team. The Pastoral Assistants

The Churchwardens and Parochial Church Council

The PCC Teams: Worship; Finance & Administration; Resources; Young People; Communications; Outreach & Mission; Social & Fundraising

Our Children & Young People: Seekers, Explorers and Adventurers; Messy Church; Toddlers; Tea & Toast; Holiday Club; the C of E School; Open the Book; Student Mentoring

The Elderly: Elmbridge Village; Cedar Court; Knowle Park; Moat Lodge; Those who live alone

The sick, recently bereaved, lonely and those who are troubled

The Mothers' Union

All who come to church and live out their lives in Christian service

## **The World**

Please pray for:

The leaders of the nations – that they may lead with integrity and a commitment to the common good

All who are in any kind of need – those living in poverty or under oppression; those whose lives are devastated by war and civil strife; prisoners, refugees and homeless people; those in the midst of famine or disaster

The coming of God's Kingdom of universal peace and justice

## **Our Mission**

Please pray for:

The local community

The charities we currently support: USPG; Bible Society; Children's Society; Happy Child; A Rocha; Christian Aid

All the other charities that bring aid to those in need, in this country and across the world

Self-giving God, who in Christ gave yourself for our salvation, thank you that you call us into your mission for the world. Inspire us, who are partners in the gospel, to follow your steps, in the way that leads to fullness of life in you.

*USPG*

Come my Way, my Truth, my Life;  
Such a Way as gives us breath;  
Such a Truth as ends all strife;  
And such a Life as killeth death.

Come my Light, my Feast, my Strength;  
Such a Light as shows a Feast;  
Such a Feast as mends in length;  
Such a Strength as makes his guest.

Come my Joy, my Love, my Heart;  
Such a Joy as none can move;  
Such a Love as none can part;  
Such a Heart as joys in love.

*George Herbert (1633)*

# **WHAT IS PRAYER?**

## **Recalling God's Presence**

In this moment

In this place

In the world around us

## **Acknowledging his Power**

In Jesus

In other people

In our own lives

## **Drawing inspiration from the Scriptures**

## **Being thankful**

## **Confessing sin**

Accepting that we are forgiven

Being ready to forgive

## **Committing ourselves to him**

## **Asking that his loving purpose might prevail**

In the world

In the lives of those in need

In our own lives – today and every day

