

House of Prayer, East Molesey – Online Retreats and Events February 2021

For more information or to book, e-mail admin@christian-retreat.org or telephone 020 8941 2313.

Time Aside: Midweek Individually Guided Retreat

Tuesday, 2 February - Thursday, 4 February 2021

Led by the House of Prayer Team via Zoom

This retreat provides an opportunity to step aside from the busyness of everyday life and spend time in quiet prayer and reflection. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living. All communal prayer meetings and spiritual direction will be online using the Zoom platform.

Retreat from home cost: £60

That We May Be One: 8-day Intensive Centering Prayer Retreat

Sunday, 14 February - Sunday, 21 February 2021

Led by Jill Benet via Zoom

Intensive Retreats provide an opportunity for participants to immerse themselves fully in the practice of Centering Prayer as taught by Contemplative Outreach, often proving to be a watershed in their practice. There will be up to three hours of Centering Prayer each day and time outside meetings is held in silence, with time for personal reflection, contemplative liturgy and Lectio Divina. We will draw on material from Thomas Keating's last teaching video series, 'That We May Be One'. The retreat is recommended for those who have practised Centering Prayer for at least six months. All meetings will be online using the Zoom platform.

Retreat from home cost: £290

Wondrous Doings: Praying the Psalms

Saturday, 27 February 2021

Led by Antonia Lynn via Zoom

"Hour by hour fresh lips are making
Thy wondrous doings heard on high"

At any moment, somewhere in the world, the Psalms are being recited or sung as the Church follows St Paul's instruction to 'pray without ceasing'. Compiled over many centuries, the Book of Psalms would have given expression to Jesus' prayer to his Father. How can we join in and make these very human songs to the Divine our own, singing them with 'fresh lips'? Come and explore! It will be helpful to bring a Bible, psalter or prayer book/breviary with you.

Starts at 10am and ends at 4pm.

Cost: £30

Concessions may be available and are allocated according to need. If you are able to contribute the full cost, this allows us to offer a concessionary rate to those who most need it. We are grateful for all donations towards concessionary places. Please get in touch for more information.